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20
30
40

AGES TO LOVE
ALECIA JENSEN, D.D.

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TABLE OF CONTENTS

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PREFACE	I
RIDE THE WAVE	3
LAW OF ATTRACTION	5
ALPHA AND OMEGA	9
THE WAY	11
EXPOSED	13
I'M ONE	15
RE-CONNECTED	17
WHO?	19
BE LOVE	21
IN YOUR EYES	23
YOU AND I	25
FULL AND KNOWING	27
ONE	29
IN LOVE WITH AN AUSSIE	31
PARTICLES	33
I LOVE YOU	35

PREFACE

INSPIRATION

Over the years I've written short stories and poems when I really needed to work through something. When it feels right, writing flows, nearly effortlessly from one's own soul. I also realize stories are captured moments and sometimes we get caught up in the drama of our stories.

Ages to Love has been a journey in understanding I Am not my story but something so much more! I Am LOVE.

The following perspectives of living my life with an open heart is inspired by many life experiences and from pondering the teachings within the books "Love Without End" and "The Keys of Jeshua".

~ Alecia Jensen

AGES TO LOVE - There is no end to the lessons learned by Love. What has led to this point in my journey has been a process in opening my awareness to what Love really is and who I Am. This last year has been a time of creativity, of connecting with others including myself! You know those times when the light bulb turns on and you feel that all things are possible. The source comes from one's center, from your very Be-ing. It is from this sacred place I know I can handle all that life sends my way. From this place there is true peace, it emanates from within, radiating through me and outward. This in turn draws me to people and life's lessons that aid in my journey. Living a heart centered life brings an abundance of joy, it is never ending and is available to anyone who would seek it.

When entering the sacred heart, there are feelings of vulnerability. It is the greatest achievement of all art forms to invoke such vulnerability. From there, we are *inspired* and we are moved to a more loving, empathic state. It is the muse that draws us to find our deeper connection with life, with who we are, and who we become. In this re-union with our co-creator, we can overcome all things. What was once impossible becomes possible. What once seemed hopeless is now full of hope. What was once filled with despair is now filled with peace.

We should never be afraid of feeling vulnerable, but rather embrace the moment and in its release immerse ourselves with the Love that surrounds us - it is everywhere just as the air we breathe! Even in our greatest moments of sadness when we walk with an open mind and heart we can feel life fold its arms gently around us as if the universe is sending a huge cosmic hug. You can feel it by the warmth that emanates within you. Life provides so many ways to open to the knowledge of your deeper connection - it can come in a song, the laughter of a small child, the kind words of a dear friend, perhaps a painting, or walking through a meadow field in Springtime and even the sun on one's face all remind us that life is so worth living!

LAW OF ATTRACTION

MARCH 14, 2006

INSPIRATION

It was a creative spark that lead me to find a community of people in the blog world in October 2005.

This is where I found Rachel Fuller, a musician with the voice of an angel and her web based show, In The Attic. I was soon commissioned to design several logos and establish an identity for the ITA brand. At the same time, Rachel's boyfriend Pete Townshend was blogging with his novella, The Boy Who Heard Music, which would later form the basis for the Mini-Opera Wire & Glass. There were many friendships formed from around the world as a result of this community.

I found blogging to be a very real yet magical adventure in the way connections were made, in the way it touched my life and provided an opportunity to be expressive. In retrospect, I see what led me to connect and interact was a true example of Love called into motion.

It's been said - just as you sow, so shall you reap. We tend to attract in our lives what we are ready to experience. Our direction may be guided unconsciously like being on autopilot - ultimately all aspects of life are in alignment with our spiritual journey. That does not mean life is all easy going - there are many twists and turns, but with hindsight we can see why certain things happened the way they did. Hindsight is always 20/20. We learn, we grow, and hopefully move on if necessary to continue to manifest the things that would aid in our sojourn of life, being open to receive the many blessings around us as they present themselves each and every day.

How is this done? There are laws of physics which can support this. In a spiritual sense I call it the Law of Attraction. In the book "Love Without End" it is referred to as the Adamantine Particles. It's interesting because when science began to look at the human DNA they thought they were just going to map the human genome. Then they found out there is 90 something percent of matter they didn't know anything about - particles so small they could not be seen. Science is just beginning to understand there is much more to the universe (macroscopic) and to our own physical structure (microscopic). Research on the God Particle or Higgs Boson may begin to help science better understand how we evolve, the nature of creation, and how we truly create our reality.

If you ever wanted to get an idea of how healings and miracles occur, the answers will be found in understanding the Adamantine Particles. The following excerpts from

“Love Without End” by Glenda Green illustrate how we create our reality by the power of Love. Adamantine Particles, in short, are *“the fundamental building blocks of physical existence - particularized energy potentials which activate, unify, and give form to infinity. As points, they are irreducible, indivisible, and generic; their very existence establishes dimension.”* ... *“Adamantine particles are the only particles that actually create mass.”* they are *“particles which represent a continuous flow of high frequency potential, which manifests into discrete forms and arrangements under the command of love.”* Realize that one has to view ‘Love’ in its pure unconditional state... which is one of creation in its highest form. *“Have you ever noticed how well it goes when you ‘love’ your work?”* ... *“Adamantine particles are not limited to particle physics - through heightened awareness of this life force, you will begin to understand why a plant you love is the one that blooms.”* The beauty of Adamantine particles is *“it appears not to matter whether one’s connection is conscious or intuitive, exchanges still occur according to patterns of synchronicity with the environment.”* These exchanges can occur spontaneously and increase in frequency when you are in tune with your ‘true’ purpose and unconditional desires of the heart.

So how does all this apply to creating one’s reality? *“You may remember the magnetic drawing boards from your childhood. Beneath a clear plastic cover are iron filaments which respond to a magnetic pencil. The magnetic pencil attracts the iron filaments and causes them to group together in lines and patterns to form a drawing on the board...”*

Now just imagine that your heart is the magnet and your love is the pencil. This is your power of influence, and you are literally impacting every aspect of your life by just being, being the love that you are. You are a magnet that writes upon the drawing board of your life. As you enter any situation the Adamantine particles inherent to it will adjust to the influence you bring. You don’t have to dream up a grand plan and put it on the drawing board. You are the grand plan!”

When you look at life from this perspective, even the mundane tasks of life have a creative edge when certain principles are applied. For example - when you get promptings, or super creative ideas that just pop into your head. Then you immediately feel an excitement or drive to see it through. I liken these experiences to following your heart because the mind doesn’t come up with it on its own. The creative spark just appears out of thin air it seems.

Another creative tool and principle I live by is “Faith precedes the miracle”. In a world such as this one, its tough to keep faith - and every now and then you have to take stock on what you’re keeping your faith in. Blind faith or belief in a structure for its own sake can be limiting. It’s by application of one’s talents, having faith in oneself and some concept of a creative source that leads us to a state of receptivity to receive the blessing. This is how the Law of Attraction works - strive to know who you are, develop your talents, walk through life, be open to be led to opportunities as they present themselves, and let the motion of change guide you.

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AGES TO LOVE

Philosophy/Poetry/Gift

AGES TO LOVE

is an inspirational collection of 16 poems and short stories of one woman's journey in finding what Love is. Her message is one of hope, encouraging that Love is eternal and that life is a creative process with endless possibilities.



Alecia Jensen, D.D.

"Roughly 40 years in the making, 'Ages to Love' is my personal journey in finding Love. All I had to do was look within! Amazing things occur in life when you realize you are Love! My hope is these words may inspire you to have the life you so desire! Do you want to see peace in the world?... It starts with One - it starts with You... we've still got Ages to Love."

Glenda Green, author of "Love Without End, Jesus Speaks"

"Alecia has poetically charted footprints leading across a lifetime, from childhood to motherhood. Reaching from human love to the Divine, she journals each meaningful step. Her poems give us visual images to explore our own heart's rich landscape. Alecia leads us to a deeper understanding of our true selves. Within the lines is a kind of fragrance, like an opening rose, that offers wonderful intimations of higher truth. She is the love that she puts so beautifully into words."

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